



Coronavirus Update and Action Plan

For all the latest information on the Covid-19 situation, including site specific information and the latest health alerts from both Federal and State Governments, please visit our website form1.com.au

No time for complacency

Snapshot of the latest Hot Spots

- St Pauls Catholic College Greystanes
- Eastern Suburbs Legion Club, Waverley
- Oatlands Golf Club, Oatlands
- The Bavarian Night Dinner in the Bistro on Bettington
- Paperboy Café, Concord
- Stanhope Village Shopping Centre, including Kmart Stanhope Gardens
- Clovelly Hotel
- Rouse Hill Town Centre, including Target Rouse Hill
- Fitness First Maroubra
- Hyde Park Medical Centre

It's essential that we all take the risk of transmission very seriously and take steps to protect ourselves and loved ones:

- If you have even mild symptoms, a cold or cough, get tested and stay home until you're cleared.
- Keep your distance from others at all times even if you are well.

Coronavirus Symptom Checker

To find out if you meet the Australian Government guidelines for coronavirus (COVID-19) testing, answer a series of questions through the link below.

Questions include information about:

- your age and gender
- any emergency symptoms you may be experiencing
- your state or territory
- whether you're a healthcare worker
- any recent foreign travel
- whether you've been in contact with someone who has been diagnosed with COVID-19

www.health.gov.au/resources/apps-and-tools/healthdirect-coronavirus-covid-19-symptom-checker



Form1 Group

contact@form1.com.au

[Form1.com.au](https://form1.com.au)

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Newcastle PO BOX 2125 Gateshead NSW 2290 T: 02 4948 2933

Central Coast PO BOX 2125 Gateshead NSW 2290 T: 02 4351 0530

Canberra PO Box 313 Jerrabomberra NSW 2619 T: 02 6260 2673



Websites to keep you Updated

The [Form1](#) website has all our regular correspondence now linked for you to refer to as required.

We'll continue to share information as it becomes available and do our best to keep you informed about what we are doing as a company and how best to prevent the spread of the virus. It is also advised you stay on top of all the current health alerts, by viewing these websites regularly

Australian Government: www.health.gov.au/news/health-alerts/novel-coronavirus-2019

NSW Government: NSW Health - [Coronavirus updates and health information](#)

ACT Government: ACT Health - [Coronavirus updates and health information](#)

WorkSafe - [Coronavirus: advice for NSW workplaces](#)

WorkSafe ACT – [Coronavirus advice for ACT workplaces](#)



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