

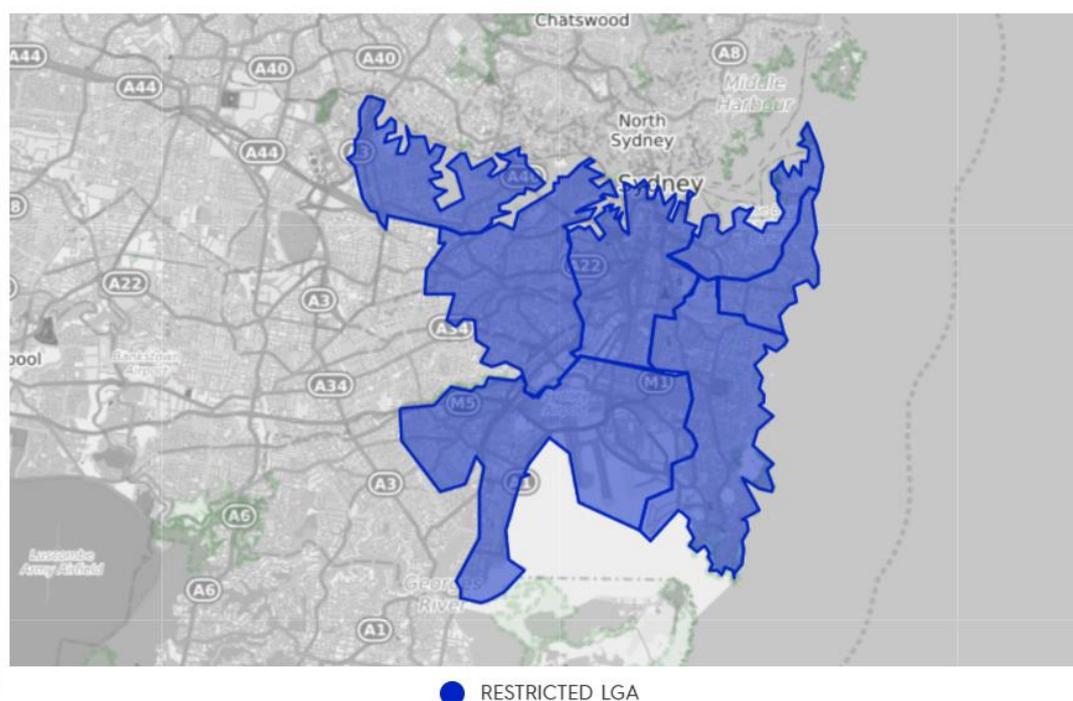


Coronavirus Update and Action Plan

There has been a spike in the number of recorded infections, so the State Government is imposing additional restrictions as of 4pm this afternoon to the Local Government Areas impacted by this latest outbreak.

New Restrictions to impact our team

- People must wear masks in public settings and at work
- If you live or work in the seven LGAs you must not leave metropolitan Sydney (map below)
- One person per four square metres, (including funerals and weddings)
- No more than five visitors to any household including children
- Green dot seating plan is back in effect on public transport



For the full briefing or further information, please visit www.health.nsw.gov.au/news

If you require further PPE, (this includes, masks, sanitizer, gloves) please liaise with your supervisor.

Form1[®]

Form1 Group

contact@form1.com.au

Form1.com.au

Sydney PO BOX 1575 Neutral Bay NSW 2089 T: 02 9966 4200

Newcastle PO BOX 2125 Gateshead NSW 2290 T: 02 4948 2933

Central Coast PO BOX 2125 Gateshead NSW 2290 T: 02 4351 0530

Canberra PO Box 313 Jerrabomberra NSW 2619 T: 02 6260 2673



Advice to residential aged care facilities

Staff and Contractors must **not** enter the facility at all if they:

- have been to any close or casual contact locations in NSW in the last 14 days, excluding the monitor for symptoms list
- have been to COVID-19 exposure locations in ACT in the last 14 days
- have been to any close or casual contact locations in Queensland in the last 14 days
- have been in Victorian places of high concern in the last 14 days
- have been in Greater Melbourne in the previous 14 days
- have COVID-19 symptoms - fever (37. 5°C or higher) or symptoms of COVID-19
- are a close contact of a person with confirmed COVID-19 and are within their self-isolation period
- live in a household with a person who is currently self-isolating
- are waiting for a COVID-19 test result

Coronavirus Symptom Checker

To find out if you meet the Australian Government guidelines for coronavirus (COVID-19) testing, answer a series of questions through the link below.

Questions include information about:

- your age and gender
- any emergency symptoms you may be experiencing
- your state or territory
- whether you're a healthcare worker
- any recent foreign travel
- whether you've been in contact with someone who has been diagnosed with COVID-19

www.health.gov.au/resources/apps-and-tools/healthdirect-coronavirus-covid-19-symptom-checker

Websites to keep you Updated

The [Form1](#) website has all our regular correspondence now linked for you to refer to as required.

We'll continue to share information as it becomes available and do our best to keep you informed about what we are doing as a company and how best to prevent the spread of the virus. It is also advised you stay on top of all the current health alerts, by viewing these websites regularly

Australian Government: www.health.gov.au/news/health-alerts/novel-coronavirus-2019

NSW Government: NSW Health - [Coronavirus updates and health information](#)

ACT Government: ACT Health - [Coronavirus updates and health information](#)

WorkSafe - [Coronavirus: advice for NSW workplaces](#)

WorkSafe ACT – [Coronavirus advice for ACT workplaces](#)

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